



Nassau Athletic and Activity Programs, Inc. (NAAP)

A 501©3 Non-Profit Organization



Fall 2017 Registration for All Programs!
(Grades K-3, 3rd-6th, 6th-9th, Parents/Other Adults)

Self Defense (Grades K-5)

Location: Zanshin Self Defense
334 Jackson Avenue, Syosset, NY 11791
Saturdays: 2:30pm-3:15pm

Session 1: Oct 7, 14, 21, 28; Nov 4, 11, 18; Dec 2

Session 2: Dec 9, 16, 23; Jan 7, 14, 21, 28; Feb 4

No Uniform Needed! - \$140 for 8 (45) minute lessons!



Tennis Lessons (Ages 3-5; Grades K-3, 4-9, 9-12)

Location: Jericho-Westbury Indoor Tennis
44 Jericho Turnpike, Jericho, NY 11753

***Mondays: Session 1:** Oct 2, 16, 23, 30; Nov 6, 13

Session 2: Nov 20, 27; Dec 4, 11, 18; Jan 8

(Grades 5th-11th, 7pm-8pm ~ Monday Session only: Must be able to volley, forehand, and back hand ~

Fridays: Session 1: Oct 6, 13, 20, 27; Nov 3, 10 **Session 2:** Nov 17; Dec 1, 8, 15, 22; Jan 5

(Grades K-3, 4-6, 6-9 are all 6:30pm-7:30pm or 7pm-8pm)

Saturdays: Session 1: Oct 7, 14, 21, 28; Nov 4, 11 **Session 2:** Nov 18; Dec 2, 9, 16, 23; Jan 6
(K-3: 12pm-1pm, 1pm-2pm, 2pm-3pm) (Grade 3-6: 3pm-4pm, 4pm-5pm) (Grade 6-9: 3pm-4pm or 4pm-5pm)

Sundays: Session 1: Oct 1, 8, 15, 22, 29; Nov 5 **Session 2:** Nov 12, 19; Dec 3, 10, 17; Jan 7

(K-3: 2pm-3pm or 3pm-4pm) (Grades 3-6: 3pm-4pm or 4pm-5pm) (Grades 6-9: 3pm-4pm or 4pm-5pm)

Small Groups of 2 and 4 are still available!!!

****\$165 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!****

Tennis Lessons (Grades K-3rd and 4th-9th)

Location: Glen Head Racquetball Club
95 Glen Head Road, Glen Head, NY 11545

All Glen Head Racquetball Club Lessons are from 5:30pm-6:30pm

Saturdays: Session 1: Oct 7, 14, 21, 28; Nov 4, 11 **Session 2:** Nov 18; Dec 2, 9, 16, 23; Jan 6

Sundays: Session 1: Oct 1, 8, 15, 22, 29; Nov 5 **Session 2:** Nov 12, 19; Dec 3, 10, 17; Jan 7

****\$170 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!****



REGISTRATION for ALL Programs at the Following Location & Times:

Jericho-Westbury Indoor Tennis: 44 Jericho Turnpike, Jericho, NY 11753

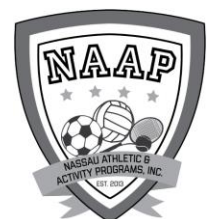
September 16th, 23th, 30th from 1pm-2pm

September 12th, 14th, 19th, 21th, 26th, 28th from 6:30pm-7:30pm

Glen Head Racquetball Club: 95 Glen Head Road, Glen Head, NY 11545

September 11th, 18th, 25th from 6:30pm-7:30pm

All Programs Continue Through the Entire School Year and into the Summer Months!



For Further Information, Contact Jim Collins at (516) 384-5751

No Credit Cards Accepted



Please visit us on Facebook: www.Facebook.com/NAAPInc

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